

August 2019

Three Forks Schools

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know?

When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus.

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Open House
6-7pm

Teachers Orientation
PIR Day

Breakfast
French Toast
Bacon/ cold cereal
Lunch
Corn Dog
Chips
Cookie
Fruit

Breakfast
Ham & Egg Crossiant
Hot Cereal
Lunch
Chicken/Fried Steak
Mashed Potatoes/ Roll
Green beans
Fruit

Breakfast
Bagels/ Cream Cheese
Cold Cereal
Lunch
Pizza
Salad
Fruit

Breakfast
Pancake Wrap
Cold Cereal
Lunch
Chicken Alfredo
Capri Veggies
Fruit

Breakfast
Biscuits & Gravy
Hot Cereal
Lunch
Soft Shell Taco
Fixins
Refried Beans
Fruit

Breakfast
French Toast
Bacon/ Cold Cereal
Lunch
Grilled Chicken Sandwich
Fries
Fruit

Breakfast
Sausage & Egg Crossiant
Hot Cereal
Lunch
Pizza Pasta
Italian Dunkers
Corn
Fruit

No School

Salad Bar

Is offered to students
3rd Grade and Up!
With any menu choice
Romain Lettuce
Caesar Salad
Spinach & Coleslaw Salads
Cottage Cheese
Veggies
Fruit

Soup Pots are for 6th Grade & Up

Meal Prices

BREAKFAST
K-12 \$2.50
LUNCH
K-5th Grade \$2.50
6th - 12th Grade \$2.75
Adults \$3.50

Sandwich Bar

Elementary
Monday - Ham & Cheese
Tuesday - Tuna & Cheese
Wednesday - PB & Jelly
Thursday - Turkey & Cheese

Roast Beef, Turkey, Ham
Tuna & Egg Salad
Whole Grain Bread Choices
Assorted Topping & Cheeses

Menu subject to change
Notice given when possible